



## The Hotel

The Best Western Premier Hotel Slon (Elephant) is situated in the very heart of Ljubljana city centre. It is only a few steps away from the old city core, Ljubljana castle and all the main city sights.

This modern 4-star superior hotel has 170 comfortable and well-appointed rooms with all modern facilities and amenities. Deluxe rooms and suites offer luxurious accommodation.

*Special daily room rate available until June 20<sup>th</sup>, 2019:*

- EUR 115 for single occupancy
  - EUR 130 for double occupancy
  - City tax is EUR 3.13 per person per night.
- Price is inclusive of breakfast, VAT, Wi-Fi, and use of the hotel spa and fitness. Rooms are air-conditioned.

These special prices are available for rooms booked between July 29<sup>th</sup> and August 5<sup>th</sup>, 2019.

**Registration for the hotel stay is to be made via the link at the end of this document.**

BEST WESTERN PREMIER  
HOTEL SLON  
Contact person: Helena Kotolenko  
[helena.kotolenko@hotelslon.com](mailto:helena.kotolenko@hotelslon.com)  
Phone: + 386 1 470 11 00  
Website: <http://www.hotelslon.com>



Registrations for the Summer Seminars are to be made by mailing, emailing or faxing the registration form to the Office Manager of the ISR:

**Sushila Dixit**

E-mail: [sushila.dixit@hogrefe.ch](mailto:sushila.dixit@hogrefe.ch)

Fax: +41 31 300 45 90

The registration form with contact information is available on the website of the ISR: [www.rorschach.com](http://www.rorschach.com)

### Registration fee

*Before May 31<sup>st</sup>, 2019:*

- EUR 425 for ISR members
- EUR 475 for non-members

*After May 31<sup>st</sup>, 2019:*

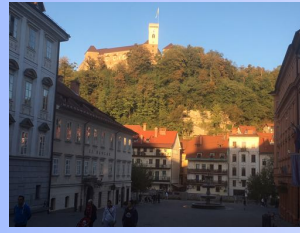
- EUR 475 for ISR members
- EUR 525 for non-members

The registration fee includes: Summer Seminars conference fee, three lunches, water, coffee and coffee breaks in the morning and afternoon.

### Dinner evening (optional)

Restaurant on the Castle (Gostilna na Gradu) is located in the Ljubljana Castle. The venue is easily accessible by cable car or on foot. Guests are offered typical Slovenian dishes.

Please note that hotel and conference registrations are separate. Use the registration form on the website only for the Summer Seminars registration. Also note that the number of participants is limited, in order to maintain a more intimate format. Registrations are dealt with in order of arrival.



## How to get to Ljubljana

### By Train

Ljubljana is an important railroad junction and can be reached by trains from all major European cities. The railway station is within walking distance of the city centre.

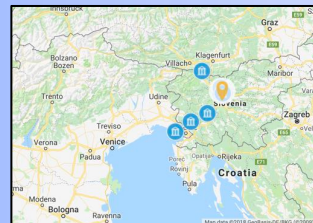
### By Road

Arriving to Ljubljana by car is easy. Listed below are distances to some nearby cities: Zagreb (Croatia) - 139 km, Trieste (Italy) - 95 km, Venice (Italy) - 242 km, Klagenfurt (Austria) - 83 km, Vienna (Austria) - 380 km, Munich (Germany) - 408 km

### By Air

Ljubljana is best served by its International Airport at Brnik, 23 km northwest of the city, with daily connections to most major European cities. From the airport, Ljubljana can be easily reached either by bus shuttle service to Ljubljana bus station (approx. EUR 10) or by taxi (approx. EUR 40).

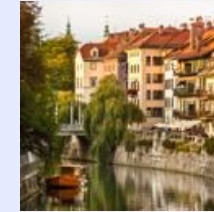
A shuttle service to the airport can be booked with the hotel.



# The Summer Seminars of the International Society for the Rorschach and Projective Methods

## Ljubljana, Slovenia

### August 2<sup>nd</sup> – 4<sup>th</sup>, 2019



*\*Photos above courtesy of Matej Kastelic*

## Slovenia

Slovenia is a country with an excellent geographic position at the crossroads of routes leading from the cold north to the warm Mediterranean south. On no more than 20,000 square kilometres, a fascinating variety of landscapes can be found, ranging from the Mediterranean seaside and stone Karst to the Alps and the Pannonian lowlands. Equally diverse and attractive is the cultural heritage of Slovenia and its people. For further information about Slovenia, visit [www.slovenia.info](http://www.slovenia.info).

## Ljubljana

The capital of Slovenia is located in the centre of the country, about an hour's drive from the Alps and the Adriatic Sea. Ljubljana is a lively industrial, commercial, administrative, and cultural centre with a population of 300,000 people, of which 54,000 are students. With its cafes, restaurants, shops and galleries, the picturesque Old Town on the banks of the Ljubljanica River is an increasingly popular tourist attraction. For more information on Ljubljana, visit [www.visitljubljana.si](http://www.visitljubljana.si) or contact:

TIC Ljubljana Tourist Information Centre  
Stritarjeva ulica, 1000 Ljubljana, Slovenia  
Tel.: + 386 1 306 1215  
Fax: + 386 1 306 1204  
[pcl.tic@ljubljana.si](mailto:pcl.tic@ljubljana.si)

## History Revived

The International Society of the Rorschach and Projective Methods has renewed the tradition of this form of continuing education, which is held every year in between congresses. Welcome to the 13<sup>th</sup> edition of the Summer Seminars!

## Recent Times

Today, we are pleased to welcome members from all over the world and with different languages. We have found English to be a language common enough for us all to present the lectures only in English. There will, however, be colleagues who can translate on a more informal basis into other major languages when needed, during the lectures/workshops in order to facilitate dialogue.

We usually have 30-40 participants (maximum) plus the Faculty. The small format gives everybody a chance to take active part in the discussions and to get to know each other. We are offering lectures, workshops on case studies and lots of informal discussions on different matters around the dinner table and coffee breaks. Since we all have our meals together and stay at the same hotel, the chance of making new friends is obvious.

## About our theme: Projective Methods and Psychotherapy

**Bruce Smith, Ph.D., Discussant**

Probably no use of the Rorschach and projective tests is more important than its role in the planning and evaluation of psychotherapeutic treatment. The three lectures to be presented this year discuss three different aspects of this topic—the use of projective methods in planning treatment and anticipating issues and potential pitfalls in work with children and adults, and the ongoing evaluation of the outcome of therapy in terms of various dimensions of personality structure. The lectures and subsequent case discussions will greatly enhance participants'

ability to utilize these methods in their ongoing clinical work.

## The Faculty

We are proud to present the invited Faculty and the topics they will cover at this 13<sup>th</sup> Summer Seminars.

**Lily Rothschild Yakar, Ph.D.**

Department of psychology, University of Haifa, Israel.

Prof. Rothschild Yakar is a Clinical Professor in the Department of Psychology at Haifa University, Israel, a co-chair of the Israeli branch of SPA, and a senior psychologist teaching and supervising psychodynamic oriented psychotherapy and personality assessment.

**Title:** *Therapeutic change in personality dynamics: Coping, distress, relatedness and mentalizing.*

The presentation will focus on assessing therapeutic change along several constructs of personality dynamics, using implicit (Rorschach and TAT) and explicit (self-reports) measures.

The discussion will follow theoretical conceptualization of personality dynamics, based on object relations and mentalization theory, and the meaning of various assessment variables will be elucidated based on these frameworks. The discussion will also address research data on the issue of phases in the course of a disorder.

**Barbara L Gamble, MS, LLP**

Ann Arbor, MI, USA.

Clinical Psychotherapist in private practice, Advanced Candidate in Child, Adolescent, and Adult Psychoanalysis at the Michigan Psychoanalytic Institute. Ms. Gamble has masters degrees in Educational Psychology and Clinical Psychology, and her undergraduate degree is in Psychobiology.

**Title:** *Use of Projective Measures in Assessing Children for Treatment Planning.*

Projective measures will be discussed within a psychoanalytic/psychodynamic assessment framework, bringing out the richness and depth of all assessment data when considered experientially as well as normatively. The uniqueness of child assessment and treatment will be fleshed out, with the necessity of a developmental framework, and aspects of working with parents.

**Harald Janson, Ph.D.**

Oslo, Norway.

Harald Janson, Ph.D., is a psychologist and a researcher. He holds a position as a psychologist at an outpatient treatment unit for psychological trauma at Uddevalla, Sweden, and is also employed as a researcher at the Norwegian Center for Child Behavioral Development, Oslo, Norway, in addition to having a private practice. His clinical work is mainly trauma-focused; he is a certified EMDR Consultant.

**Title:** *How Rorschach findings can assist treatment planning for psychotherapy with respect to structural dissociation of the personality.*

The theory of structural dissociation of the self attempts to explain fragmentation of the developing personality in parts with varying degrees of co-consciousness, ranging from mild to severe, following exposure to overwhelming strain. The degree of structural dissociation of the personality has far-reaching treatment implications; a prolonged phase-oriented treatment is indicated in the more severe cases. This presentation identifies specific factors to consider in treatment planning with respect to structural dissociation of the personality, along with general factors, with their possible expressions on the Rorschach.



Lily Rothschild   Barbara Gamble   Harald Janson

Our Faculty will provide the case material, which will be available to you before the Seminars. As usual, we expect different schools and traditions to be represented among our participants. This diversity promotes interesting discussions and dialogues.

ISR Continuing Education Chair: Odile Husain, Ph.D. at [odilehz@hotmail.com](mailto:odilehz@hotmail.com)

## Summer Seminars Program

The Summer Seminars run for 3 days, from August 2<sup>nd</sup> to 4<sup>th</sup>, 2019. Mornings are dedicated to lectures and theoretical presentations. The case material will be presented in the afternoon, after our lunch break. The case material is first analyzed in smaller groups of participants, then commented in roundtable discussions between Faculty and all participants. Participants have the opportunity to interact directly with the Faculty. Our participants appreciate both formats of discussion.

### Daily schedule:

Morning session with a coffee break: 9 am to 12 pm

Lunch period: 12 pm to 2 pm

Afternoon session:

- Small group discussion: 2 pm to 3.30 pm

- Coffee break: 3.30 pm to 4 pm

- Large group roundtable discussion: 4 pm to 5 pm

### Dinner Evening

August 3<sup>rd</sup>, 2019 at 7 pm

Restaurant: Restaurant on the Castle in Ljubljana

Cost per person: EUR 36

This includes a set menu with an entrée, a main dish, a dessert, and one glass of sparkling wine, a small bottle of mineral water, and coffee or tea.

Since the program is being set so much ahead of the event, slight changes may occur. We will, in any event, try to make it an enjoyable and interesting opportunity for sharing the knowledge of researchers and clinicians from different schools and traditions who hold a vast experience of the Rorschach. This is also an opportunity to make new friends and meet with colleagues from all over the world.

### Link for hotel registration:

<https://reservations.travelclick.com/102655?groupID=2298153>

## The ISR is pleased to announce the 13<sup>th</sup> Summer Seminars to be held on 2<sup>nd</sup> - 4<sup>th</sup> August 2019 in Ljubljana, Slovenia

### About our theme: Projective Methods and Psychotherapy Bruce Smith, Ph.D., Discussant

Bruce L. Smith, Ph.D., ABAP is a Clinical Associate Professor at the University of California, Berkeley, Past President of the ISR, and in private practice of psychoanalytic psychotherapy, assessment, and forensic psychology. His research interests focus on the use of the Rorschach in various settings.

*Probably no use of the Rorschach and projective tests is more important than its role in the planning and evaluation of psychotherapeutic treatment. The three lectures to be presented this year discuss three different aspects of this topic—the use of projective methods in planning treatment and anticipating issues and potential pitfalls in work with children and adults, and the ongoing evaluation of the outcome of therapy in terms of various dimensions of personality structure. The lectures and subsequent case discussions will greatly enhance participants' ability to utilize these methods in their ongoing clinical work.*

### Lecturers and Presentations

#### Lily Rothschild Yakar, PhD., Department of psychology, University of Haifa, Israel



Prof. Rothschild Yakar is a Clinical Professor in the Department of Psychology at Haifa University, Israel, a co-chair of the Israeli branch of SPA, and a senior psychologist teaching and supervising psycho-dynamic oriented psychotherapy and personality assessment. Prof. Rothschild Yakar authored several publications in personality assessment, with particular attention to using personality assessment measures in examining psycho-dynamic concepts.

***Therapeutic change in personality dynamics: Coping, distress, relatedness and mentalizing***  
*The presentation will focus on assessing therapeutic change along several constructs of personality dynamics, using implicit (Rorschach and TAT) and explicit (self-reports) measures. The discussion will follow theoretical conceptualization of personality dynamics, based on object relations and mentalization theory, and the meaning of various assessment variables will be elucidated based on these frameworks. The discussion will also address research data on the issue of phases in the course of a disorder. The principles of the theory and research will be demonstrated by two protocols of a female adolescent (late adolescence) with ED, one in the beginning of treatment and the other at the end of hospitalization.*

#### Barbara L Gamble, MS, LLP, Ann Arbor, MI, USA



Clinical Psychotherapist in private practice, Advanced Candidate in Child, Adolescent, and Adult Psychoanalysis at the Michigan Psychoanalytic Institute. Ms. Gamble has masters degrees in Educational Psychology and Clinical Psychology, and her undergraduate degree is in Psychobiology. Ms. Gamble's training, interests, and practice emanate from a developmental perspective, informed and inspired by raising her three young adult children.

### ***Use of Projective Measures in Assessing Children for Treatment Planning***

*At a time when many people eschew use of projective measures in psychological assessment, it is especially important for us as a field to know the history of their use and utility, and to build on and celebrate the unique contribution they offer in contemporary practice in understanding and treating children. Projective measures will be discussed within a psychoanalytic/psychodynamic assessment framework, bringing out the richness and depth of all assessment data when considered experientially as well as normatively. The uniqueness of child assessment and treatment will be fleshed out, with the necessity of a developmental framework, and aspects of working with parents. Finally, the contribution of projective measures to developing a narrative leading to treatment planning and mutative change, with several examples, will be discussed. All of these ideas will be illustrated and brought to life with the case of a 10-year-old girl twin and her family who suffered consequences from a traumatic birth which were then resolved.*

#### **Harald Janson, Ph.D, Oslo, Norway**



Harald Janson, Ph.D., is a psychologist and a researcher. He holds a position as a psychologist at an outpatient treatment unit for psychological trauma at Uddevalla, Västra Götalandregionen, Sweden, and is also employed as a researcher at the Norwegian Center for Child Behavioral Development, Oslo, Norway, in addition to having a private practice. His clinical work is mainly trauma-focused; he is a certified EMDR Consultant. He has worked with the Rorschach (Comprehensive System and R-PAS) since 1992.

#### ***How Rorschach findings can assist treatment planning for psychotherapy with respect to structural dissociation of the personality***

*Adolescents and adults with a long-standing history of neglect, abuse, and exposure to adverse life events may present with a complicated clinical picture with symptoms that could fit several diagnostic categories, including borderline personality disorder, depression, complex trauma, and dissociative disorders. The theory of structural dissociation of the self (van der Hart, Nijenhuis, & Steele, 2006) attempts to explain fragmentation of the developing personality in parts with varying degrees of co-consciousness, ranging from mild (e.g., single split-off emotional states) to severe (e.g., dissociative identity disorder), following exposure to overwhelming strain. The degree of structural dissociation of the personality has far-reaching treatment implications; a prolonged phase-oriented treatment is indicated in the more severe cases. This presentation identifies specific factors to consider in treatment planning with respect to structural dissociation of the personality, along with general factors, with their possible expressions on the Rorschach. The Rorschach assessment of a woman with severe traumatization and long-standing problems is presented, and participants are invited to identify and reflect about specific and general findings that may contribute to treatment planning.*